

# Senior Getting to Know My Planner 2012 Quiz

The Index for the Senior Planner is on page 2 and supporting website is  
[www.learningcurveplanner.com.au](http://www.learningcurveplanner.com.au)

1. What does SMART stand for in 'Goal Action Plan'?
2. What is the Well Being Tip on page 98?
3. Name five possible types of exam questions from 'Exam Strategies One & Two'?
4. What did Alexander Graham Bell do on March 10, 1876?
5. What does SQ3R stand for in 'Study Technique: SQ3R'?
6. What main areas should you reflect on in 'Reflection on My Performance Last Term/Year'?
7. From 'Study Timetable: Sample', how many study sessions should you do each week?
8. What are the main areas to reflect on in 'Emotional Intelligence'?
9. Describe what a MUST is and what an OPTION is in 'Prioritising'.
10. What happened on April 2nd 1744?
11. Name five learning goals and starting targets in 'Personal Learning Goals and My Study Organisation and Approach'.
12. What should you do when feeling stressed in 'Relax: Stress Control'?
13. What does discuss mean in 'Exam Terminology: Glossary of Key Words'?
14. In 'Remembering a Smarter Way', how much learning is lost if not revised within 24 hours?
15. What principle is suggested to use in 'Note Taking in Class'?
16. What is the Kids Help Line phone number and website in 'Contacts: Help'?
17. Name the key components in 'Writing a Report'?
18. What were discovered on November 8th, 1895, and who discovered them?
19. What are the main steps in 'Research Process'?
20. What are the important points for good writing in 'Writing: The Essential Ingredients'?
21. How much do you remember from teaching someone else in 'Learn: How to'?
22. What are five tips to try when using social networking sites in 'Cyber Safety'?
23. What is an Idea Map?
24. What is the 'Know, What, How, Learnt' grid used for and what page is it on?
25. How do + and - improve searching in 'Net Searching More Effectively'?
26. How many Multiple Intelligences are there and name them?
27. What are the steps in 'Problem Solving'?
28. What is the Well Being Tip on page 122?
29. How often should you reflect in 'Personal Learning Goals: Reflection Time'?
30. What are the 'Key Competencies' to be effective in what you do?
31. Who make up your team in 'Team: Trust'?
32. How many steps are there in 'Resuscitation' and 'Asthma: Emergency' processes?
33. What are the 5 E's in 'Learning: 5 E's'?
34. What is a Bibliography in 'Bibliography: Development'?
35. What are the main areas to look after in 'Sustainability: My World'?
36. What is 'The Issues Matrix' used for and what page is it on?
37. Describe what an adverb is from 'Speech: Parts of'.
38. In 'Motivation: My Guidelines', what does the Pizza of Life highlight?
39. What are the main areas you are asked to self-assess in 'Health Stocktake and Goals'?
40. How many Habits of Mind are there and which ones do you regularly use?
41. In 'Exam/Test Checklist' what does the E in EFFORT stand for?
42. What are the types of learners in 'Learning Styles Strategies' and which best describes you?
43. What type of person are you in 'Groups: Learning in'?
44. Name seven thinking tools to develop your thinking in 'Thinking Tools'?
45. Name seven techniques for improving your memory in 'Memory Training'.
46. What do you do in 'Experiences this Year'?
47. What do the four As stand for and what are the four types of habits to build in yourself in 'Building My Learning and Living Power'?
48. Name the various forms of 'Harassment'.
49. What is the website for the Australian Careers Centre in 'Career Planning Guide'?
50. What does Evaluate mean in 'Blooms Taxonomy: What are the Levels of Thinking' and what words describe your thinking?