

2012 STUDENT GUIDE

How to Best Use the Learning Curve

Senior Planner

The opportunities on offer for you as a Senior Student are once in a lifetime events. Realise and discipline yourself that it's something to be seized and made the most of - there are no second chances:

- To help you get yourself organised and enjoy life and school more, the guide below really works
- Getting what you want from life and school won't just happen, you have to make it happen
- Aim to be self-managed - be in control of you because your future is in your hands

At the **beginning** of the year and each Term complete the following to help you tune into life and learning:

- **My Dreams: Making them happen in 2012** - believe that if you can dream it you can do it
- **My Checklists: Attitude and Balance** - things to do that will see you achieve PB's, personal bests
- **My Performance Last Term** and **Motivation: My Guidelines** - are there things to improve?
- **What are my Goals?** and **Goal Action Plan** - what do you want to get out of this year and how?

To discover **better** ways to learn, complete the following early in first Term:

- **Key Competencies** - the lifelong learning habits needed for a great life
- **Health Stocktake and Goals** - your health is your wealth
- **Multiple Intelligences** - what are your special talents?
- **My Learning Style** - how do you learn best?
- **Thinking Tools** - opportunities for you to think in better ways
- **Habits of Mind** - time to start thinking about your thinking
- **Emotional Intelligence** - a chance to learn more about yourself.

Index

- Read the Index to learn about the many tips and strategies to help you make your best better
- When you are asked to do something, look up the Index for the best way to do it
- Make this a Do It Yourself guide to personal bests

Daily Priorities/Due Dates and Things To Do

- Every night plan the main things you need to do the next day
- Write them down in order of importance and tick them off when you complete them
- In class, write down home learning and due dates immediately your teacher tells you

Weekly Focuses

- Read the skills/strategy often over the week to absorb it
- It will highlight better ways to do things and you will see yourself improve when you do them
- Every week discuss the focus with your classmates, family and teachers - everyone understands it

Vocabulary Bank

- Look up the meaning of the word in a dictionary and use it in a sentence - improve your writing
- Look for the words when you read - see how other people use them
- Aim to use them into your essays and everyday conversations - see your best getting better

Home Learning Log

- As you complete a study session at home, cross it off - see your efforts building
- Aim to complete and cross off the required number each week - it's for you, make this your conscience
- Check your study timetable every fortnight to keep in control - any changes needed?

General Knowledge and Wellbeing Tip

- Read the weekly insert of what occurred in history to build your general knowledge - know more
- If you are interested in a particular event, research it further - learn new things from famous people
- Think about the wellbeing advice - can it help you enjoy life and school more?

Reflection Time

- Complete a reflection for each of your subjects at the end of every month - any changes needed?
- Reflect on how you are progressing towards achieving your learning goals - on track?
- Discuss your reflections with your family and teachers - their advice will help you

“Fit for learning, fit for life.” Anon